



*Ovia sets up self-insured employers for success*

## Providing seamless clinically-driven support to your employees

Ovia Health provides holistic support for employees who are thinking of starting a family, are pregnant, or who have children. Ovia is able to be in a member's pocket, providing them with consistent support from empathetic family health specialists who can guide them and help them navigate their family health needs.

When it comes to high risk members, Ovia works directly with your health plan in order to create a seamless experience for your employees. Read on to learn how Ovia integrates seamlessly with your care management.

### Why does Ovia work with your health plan?

- Create a seamless experience for members with zero gaps
- Provide support for everyone
- Triage high-risk members to Care Management

### Member-centric support includes

- Available 7 days per week
- English & Spanish
- Inclusive of all parenting pathways
- Culturally sensitive
- Subject matter expertise and psychosocial support
- Unlimited access via phone/ asynchronous messaging

### In-house Coach Qualifications Include

- Certified nurse-midwives
- Nurse practitioners
- Labor & delivery nurses
- Fertility & pregnancy nurses
- Lactation coaches
- Pediatric nurses
- Baby sleep coaches
- Mental health therapists

# Ovia coaches provide constant support for all members

## In-between visit support

Trying to conceive, pregnancy, and early childhood mean a lot of doctor's appointments. We know it can be overwhelming for members, who often have questions pop up between visits and on the weekends. Ovia health coaches are there for your employees **7-days-a-week**, giving them a **consistent source of support** between visits.

## Evidence-based clinical pathways

The support that Ovia's health coaches provide is backed up by 50+ clinical pathways, empowering your employees to take control of their health and be truly educated on what matters to them.

Members are enrolled in different programs based on their responses to the upfront Health Assessment and trends in their health data, ensuring that they **receive the most relevant information for their needs**.

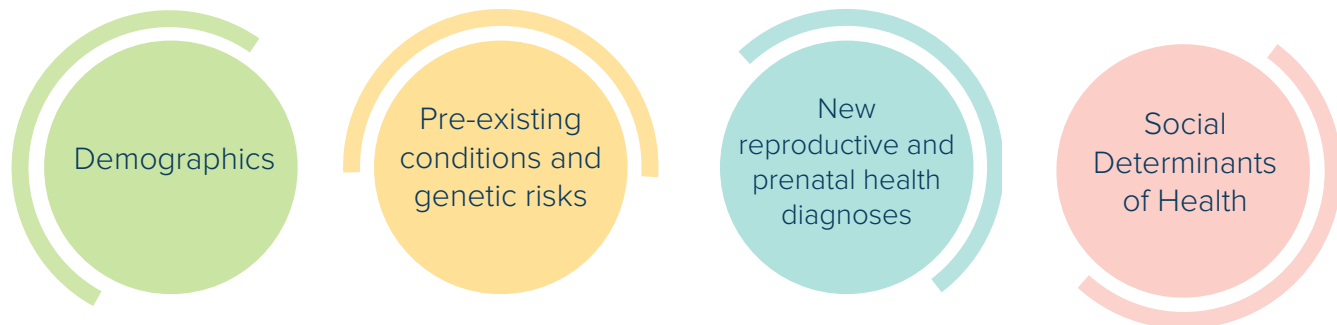
## Robust mental health support

Early identification and treatment of perinatal mood disorders is key, but often challenging in a clinical setting. Ovia assesses risk levels throughout a member's health journey, using regular touchpoints to gauge her mental state from the comfort of her own home, using her own phone. With this approach, **Ovia is able to increase identification of perinatal mood disorders by 60%** compared to traditional detection methods, enabling members to receive better mental health care.

## Predictive analytics identify high-risk pregnancies and power referrals to Care Management

Ovia's solutions run on vast quantities of member data, enabling our predictive analytics to surface risks before they become costly complications. Ovia is able to identify high-risk pregnancies well in advance of claims identification by analyzing 76 high-risk triggers, preparing those members for Care Management engagement and referring them to your high-risk maternity program.

## The Ovia algorithms and coaches look at elements of risk such as:



When a member has been identified as high-risk and referred to Care Management, our coaching team shares relevant risk-related information to support the health plan's interactions.

## Ovia Health amplifies the impact of Care Management

*By working with Ovia, employers and their Care Management teams are able to better identify the members that need extra help — leaving the rest to us.*

### 1. Increased identification & participation

Ovia Health identifies at-risk members and triages them Care Management program and benefits

### 2. Empowered care managers

Augment Care Management program by empowering nurses with innovative solutions to make more informed decisions and provide proactive interventions

### 3. Care plan compliance

Help high-risk members understand and manage their conditions by working within their care plan

### 4. Actionable insights

Share data to provide care managers with actionable insights about their members

Questions about how Ovia integrates with Care Management?

Contact your account manager or email [enterprise@oviahealth.com](mailto:enterprise@oviahealth.com) to learn more.

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